

Jerry Preschutti's
PINE FOREST
Cheerleading Camps

What To Bring to Camp



Sneakers



Sweat Socks



Sweatshirts & T-Shirts



Towels, bed linens, pillow case, blankets, sleeping bag. Be sure to bring enough warm sleeping materials as the evenings could get cold; especially towards the end of August or early June.



Personal grooming articles



Bathing Suit



Shorts, slacks, jeans & sweat pants



One warm jacket



One rain coat/umbrella



Flashlight



Alarm clock



Some squads wear school uniforms or matching outfits; however, they are **NOT** mandatory



Water jug



Please leave valuables at home (rings, jewelry, etc.) *We are not responsible for lost or stolen items at camp!*



Please bring a notebook and pen to make class notes.



THE CAMP WILL HAVE A NURSE AND REDSHIRTS ON STAFF; HOWEVER, WE SUGGEST THAT YOU BRING A **FIRST AID KIT** WITH SUNSCREEN, CHAPSTICK, ACE BANDAGES OR TAPE PER SQUAD ATTENDING.



SPENDING MONEY (OPTIONAL). MOST PARTICIPANTS BRING APPROXIMATELY \$50.00-\$100.00 FOR SNACKS, SOFT DRINKS, ICE CREAM, T-SHIRTS, SWEATSHIRTS OR OTHER **CAMP CLOTHING**. YOU CAN CHECK OUT THE WEB SITE FOR WHAT WILL BE OFFERED.



For the optional home dance evaluation and home fight song, please bring your music on a cassette tape (two copies). You may also bring your music on CD, but bring the cassette for backup. You may also want to bring a CD player to practice your routines. (iPod or MP3 player preferred)



Any signs or megaphones that you have to use for cheer private coaching.